

Course Outline
NUR 201 Introduction to Professional Nursing
December 9, 2006

Department: Nursing

Credit Hours: one (1)

Prerequisite: None

General Education: N/A

College Learning Outcomes: *1a, 1c, 1d - Communication Competence; 2b - Critical Thinking; 4a- Ethical Foundation; 9b - Quantitative Competence*

I. Course Description: Focuses on lifelong skills to prepare students for a successful professional nursing career. Provides nursing students with a strong foundation in professionalism critical thinking, communication skills, nursing math, and networking skills.

II. Purpose of the Course: The major goal of NUR 201 is to expose students to the variety of careers available in nursing and to develop the professional techniques and self-reliant competencies required to achieve career goals.

III. College Learning Outcomes and Objectives:

1. Communication Competence:
 - (1a) Students can write reflection and scholarly papers.
 - (1c) Students can speak in front of a small group or as part of a group.
 - (1d) Students can demonstrate effective listening skills through their ability to analyze and interpret messages for content, context, and affect, as well as retain messages acquired from the listening process.
2. Critical Thinking Ability:
 - (2b) Students can demonstrate the ability to reflect on issues and/or theories systematically.
4. Ethical Foundations:
 - (4a) Students can examine their own experiences and those of the larger community to discover values and formulate moral principles.
9. Quantitative Competence:
 - (b) Students can perform mathematical calculations essential to nursing practice

IV. Program Learning Outcomes

(These are the end of program learning outcomes that apply to this course)

2. Promote adaptation in client health at all levels of prevention, complexity, and acuity in a variety of settings.
3. Embrace the professional/ leadership role in current and future nursing practice through participation in society to improve the quality of health.
6. Evidence self-directed behavior and effective oral, written, non-verbal and technological skills in dyads and groups for teaching-learning, documentation and interpersonal and therapeutic relationships.
7. Evidence effective organization and utilization of fiscal, human, material and data resources for productive management of nursing care systems.

V. Course Objectives: Upon completion of this course, students will be able to:

1. Demonstrate self-directed behavior in utilizing the academic resources available at Lourdes College. *PLO6, LO1a*
2. Promote adaptation in personal health. *PLO, LO10a*
3. Express thoughts, feelings, and information clearly in small groups, in writing, and in presentations in front of the class. *PLO6, LO1a,b,c*
4. Identify the various nursing career paths available. *PLO3,*
5. Identify personal strengths and weaknesses that affect success in a professional nursing career. *PLO*
6. Demonstrate an understanding of the value of professionalism in a nursing career. *PLO3, LO4a*
7. Demonstrate beginning organizational skills as a foundation for success in the academic and professional practice setting. *PLO7, LO2b*

VII. Topical Outline (List the general topics covered in the course.)

1. Course introduction, review syllabus, design of the nursing curriculum
2. Self awareness and Group dynamics
3. Academic resources available on campus
4. Accessing scholarly resources
5. Written and oral communication essential to nursing practice
6. Personal values clarification and goal setting
7. Personal wellness
8. Professional behaviors and expectations
9. Critical thinking as an essential pathway in nursing practice
10. Self-reflection and impact on test achievement
11. Foundations of interpersonal communication for professional nursing practice
12. Careers in Nursing, professional organizations, and networking
13. Importance of math and science concepts in professional nursing practice