

**LOURDES COLLEGE**  
**DEPARTMENT OF NURSING**  
**Course Outline**

**Course Number:** NUR 210/211  
**Course Title:** Basic Health Care Skills  
**Credit Allocation:** NUR 210 - 1 semester hour  
NUR 211 – 1-2 semester hours

**Prerequisite:** CHM 121 & 122, Bio 330 & 331 with a minimum GPA of 2.5 in these sciences

**Learning Outcomes:** Scientific Literacy, 7b, c, d and Communication Competence, 1d

**Course Description:**

Focuses on the performance of basic health care skills. Emphasis is placed on the provision of holistic care to individual clients. Supervised didactic, learning laboratory, and clinical laboratory experiences provide a foundation for the delivery of basic health care.

**Purpose of Course:**

This course provides the student with beginning nursing skills and theory to care for clients in a variety of settings.

**College Learning Outcomes and Objectives:**

NUR 210/211 relates to Learning Outcome 7 – Scientific Literacy. Upon completion of the course students will successfully apply nursing principles to care for clients (7b, c, d). In addition, the following Lourdes College Outcomes and Objectives are included:

- Students will begin to develop effective communication skills (9d)
- Students will use personal and clinical experiences along with theory presentations to evaluate and solve ethical dilemmas (4a, b)
- Students learn what constitutes wellness and begin to discuss wellness as it relates to client care (10a, c)

**Course Objectives/College Learning Outcomes:**

1. Describes interdisciplinary contributions of assessment for clients  
(LO 7 b, c, d) (PLO 1)
2. Provides basic physical and psychosocial care to clients across the age and health care continuums. (PLO 7)

3. Recognizes the concepts of wellness and illness in providing basic care to individuals.  
(LO 10 a, c) (PLO 2)
4. Recognizes legal and ethical responsibilities of the nurse in a variety  
of settings. (LO 4 a, b) (PLO 3)
5. Recognizes the dignity, worth, uniqueness, and biopsychosocial characteristics of  
individuals within their environment. (PLO 5)
6. Understands the nurse's role in safety and emergency procedures.  
(LO 2a, b) (PLO 5)
7. Utilizes logical thinking and decision making skills in performing basic  
health care skills. (LO 2a, b) (PLO 7)
8. Demonstrates beginning organizational skills in providing care for  
individuals. (LO 2a, b) (PLO 7)
9. Utilizes basic communication and interpersonal skills. (LO 1d) (PLO 6)

### **Topical Outline**

Admission, Transfer and Discharge  
Safety, Comfort, & Vital Signs  
Infection Control  
Posture, Mobility, & Ambulation  
Pressure Ulcer Prevention and Care  
Personal Hygiene & Bed Making  
Bowel Elimination  
Urinary Elimination  
Nutrition  
Care After Death  
Dressing and Wound Care  
Clinicals