

COURSE OUTLINE
NUR 324/325 PERINATAL AND WOMEN'S HEALTH NURSING

Department:	Nursing
Credit Hours:	3 semester hours and 2 clinical lab hours
Prerequisites:	NUR 210-NUR 326/327
General Education:	N/A
Learning Outcomes:	This Perinatal & Women's Health Nursing course relates to Learning Outcomes 1 (b, c, d) Communication Competency, 2 (a, b) Critical Thinking, and 6 (a, b) Cultural Awareness.

I. Course Description:

Focuses on the nursing care of perinatal families and women within an adaptive nursing process model. Emphasis is placed on wellness/illness, therapeutic communication, teaching/learning, individual responsibility/accountability and critical thinking. Nursing therapeutics focus on the physiological and psychosocial adaptation of the perinatal family and women. Interrelated classroom and supervised clinical laboratory experiences are in a variety of nursing care systems.

II. Purpose of the Course:

To develop the student's ability to devise and implement nursing care systems for individuals of the perinatal family, including the mother and newborn. Nursing care experience will focus on activities to promote health and effective adaptation to environmental stimuli for the perinatal family and women.

III. College Learning Outcomes and Objectives:

NUR 324/325 relates to Learning Outcomes 1 Communication Competence, 2 Critical Thinking, and 6 Cultural Awareness. Upon completion of the course students will be able to communicate therapeutically with perinatal clients and prepare a scholarly presentation for the entire class (Outcome 1, Objectives c, d). They will also be able to discuss and analyze case studies and critical thinking exercises concerning the perinatal and women's clients (Outcome 2, Objective a, b). A scholarly paper will be required of all students discussing cultural and developmental assessments of the perinatal client (Outcome 1, Objective b) and (Outcome 6, Objectives a, b).

IV. Program Learning Outcomes:

1. Utilize the adaptive nursing process to facilitate client adaptation
2. Embrace the professional/leadership role in current and future nursing practice through participation in society to improve the quality of health
3. Evidences commitment to clients as adaptive systems with uniqueness, dignity, worth and holism.
4. Evidence independent critical reasoning and decision making abilities that incorporate rationale based in the science and art of nursing
5. Evidence self-directed behavior and effective oral, written, non-verbal and technological skills in dyads and groups for teaching-learning, documentation and interpersonal and therapeutic relationships.

V. Course Objectives:

1. Assess, analyze, plan, implement, and evaluate nursing care of the perinatal family and women with emphasis on the integration of the adaptive modes. (LO 2a, b)
2. Promote the health and adaptation of women across the lifespan with varying degrees of acuity and chronicity with emphasis on the perinatal period in ambulatory and acute care settings. (LO 10a, b, c)
3. Demonstrate professional responsibility and accountability in collaboration with the client and members of the health care team. (LO 4b, d)
4. Focus on the perinatal family as holistic adaptive systems within a sociocultural environment. (LO 6a, b)
5. Engage in systematic activities to arrive at client centered, goal directed, clinical decisions grounded in the nursing sciences. (LO 2a, b) and (LO 7b, c, d)
6. Use communication skills and teaching/learning strategies with the perinatal family and women. (LO 1b, c, d)
7. Organize resources to design, implement, and evaluate the perinatal family's and women's plans of care. (LO 2a, b)

IV. Topical Outline:

- A. Postpartum Adaptations of the Perinatal Family
 1. Physical
 2. Psychosocial
 3. Cultural
- B. Reproductive Concepts
 1. Components of fertility
 2. Genetic concerns
 3. Fetal growth and development
- C. Antepartum Adaptations of the Perinatal Family
 1. Concepts of pregnancy
 2. Fetal assessment
 3. Needs of the expectant family
- D. Intrapartum Adaptations of the Perinatal Family
 1. Stages of labor
 2. Family in childbirth
 3. Obstetric procedures
- E. Families at Risk
 1. Maternal
 2. Fetal
- F. Women's Health Promotion
 1. Care of the woman with health concerns