

Lourdes Gym and Fitness Center Rules and Policies

- All Lourdes students, staff, faculty, and alumni are invited to use the facility. Users may bring 1 guest per visit.
- All users must present a Lourdes photo ID. Guests must provide a photo ID.
- All users/guests must sign in and out at the recreation office.
- Lourdes individuals bringing a guest must also complete the guest responsibility acknowledgement form.
- Only non-marking tennis shoes are permitted on the gym floor.
- Equipment may be checked out at the recreation office. Failure to return equipment will hold user responsible for paying the replacement cost of lost item. Guests are not permitted to check out equipment.
- Lourdes College will not be responsible for accident or injury to users/guests of the facility.
- Lockers are provided in the locker rooms at no charge but users must provide their own locks. Lockers must be emptied upon exit of the facility.
- Facility users must be compliant with all rules and direction of recreation staff. Users not in compliance with facility rules, staff direction, or misuse of equipment, will be required to leave the facility.
- Lourdes students, employees, staff, and alumni must accompany their guests at all times.
- No food or drinks allowed on the gym floor or in the fitness center.
- Book bags, duffle bags, or backpacks are not permitted in the fitness center.
- Report any injuries or broken equipment to recreation staff.
- Lourdes College is not responsible for lost or stolen items.
- Guests under the age of 14 are not permitted to use the fitness center.
- Please do not drop free weights on the floor or allow weights to smash together. Please re-rack all dumbbells when finished using them.
- Users/guests are expected to wipe down each piece of equipment used with a cleaning wipe or rag provided by the staff.
- Report lack of cleaning supplies to the recreation staff.
- In the event of emergency, follow the direction of the staff.
- Contact the Office of Campus and Residential Life for further information. (419) 517-8870 or (419) 517-8946.