What is Lifelong Learning?
Educational, engaging, and social classes and lectures organized by Lourdes University. No exams or grades!

Who can join?
Lifelong Learning invites all adults who find joy in learning, regardless of age, religion or educational background!

How much does it cost?
All Lifelong Learning online events are completely free at this time. Traditionally there was a cost for each class but registration and membership fees have been waived due to the pandemic.

If you would like to support Lifelong Learning financially, we would greatly appreciate your contribution. We will be able to accept donations on our web page soon or you may mail a donation to Lifelong Learning, Lourdes University, 6832 Convent Blvd., Sylvania OH 43560.

How does it work?
All Lifelong Learning events are live presentations broadcast using the Zoom platform. You may join using a computer, tablet, smart phone, or traditional telephone. Directions for connecting to presentations will be sent in weekly emails. We encourage you join us, so please send an email to: lifelong@lourdes.edu You do not need to register for individual presentations unless noted in the event description. Join us online 15 minutes prior to events for socializing.

How can I get technical help?
Lourdes University’s Help Desk provides free help for connecting to Lifelong Learning events. The phone number is (419) 824 – 3807.
What are these critters – and why are we afraid of them?
Marya Czech
10:30 – 11:30 am, Tuesday, June 2

Some of us were raised in squeaky-clean, germ-free homes, and others are still working on their "bushel of dirt." Who is relatively healthier?

COVID-19 has renewed our fear of microbes, only one percent of which are actually disease-causing. The presentation explores our relationship with the microbes, both pathogenic and "friendly" and explains differences among viruses, bacteria, protozoans, and fungi and how the pathogenic ones cause disease.

Marya Czech is a retired professor from the Lourdes University Biology Department and currently works as a regional environmentalist.

 Presidents of the 19\textsuperscript{th} Century
Dr. Dwayne Beggs
3:00 – 4:00 pm, Thursdays
June 4 – 18, July 2 – 16 (6 weeks)

Some of the most notable United States Presidents of the 19\textsuperscript{th} century were Andrew Jackson, James K. Polk, Zachary Taylor, U.S. Grant, Rutherford B. Hayes and William McKinley. Each week we will examine one of these Presidents in detail, paying particular attention to just how they handled the domestic issues that arose during their time in office.

Dr. Dwayne Beggs has taught popular classes on many military conflicts for Lifelong Learning. Dr. Beggs earned a M.A. and a Ph.D. in U.S. Diplomatic History from BGSU. He also holds an M. Div. and served as a Youth Pastor / Associate Pastor for 22 years.

Kaffeeklatsch: A Coronavirus-Inspired Culinary Conversation
Mary Bilyeu
10:30 to 11:30 a.m. Friday, June 5

It’s been awhile since we chatted, and we've got lots to talk about! How has the COVID-19 situation impacted your diet? Are you cooking more as you stay safe at home, or are you getting carryout/delivery to support local restaurants? Have you felt like hoarding pantry ingredients? Are you eating less meat, since supplies are somewhat limited? Have you been baking batch after batch of banana bread? Maybe you're nurturing your own sourdough starter, or making the secret recipes shared by IKEA or Disney? Pour a cup of coffee, grab a snack, and let’s dish about it all!

Mary Bilyeu has been Food Editor at The Blade since 2014. Her stories and columns appear in print on Wednesdays in the Peach section and on Sundays in the Living/Arts section; they are also available digitally at toledoblade.com, eblade.toledoblade.com, and on the NewsSlide app. Bonus digital-only content includes Mary’s fun biweekly Cheap Eats videos showing off the best $10-or-less dining deals you can find in the Toledo area.

Adjusting to a Brave New World is a series of weekly talks for seniors given by Chris Cremean. Chris is a Resource Specialist with the Caregiver Resources Group, LLC and is affiliated with the Area Office on Aging, Northwest Ohio.

Facing Change – Making Choices
Chris Cremean
10:00 – 11:00 am, Wednesday, June 3

Life changes for seniors lead to new choices in finances, housing, legal issues, medical care, nutrition, and transportation.
Making the right choices requires quality information and services. The instructor will discuss making informed choices in care and services for yourself and loved ones.

Planning Ahead: Housing
Chris Cremean
10:00 – 11:00 am, Wednesday, June 10

Transitions can be tough for everyone, particularly when unexpected changes occur. A range of services are offered at various types of housing options, from independent living to care facilities. Navigating the options requires planning and research, and this class will clarify how each setting could work for you and how to decide when to consider each option.

Planning Ahead: Financial & Legal Issues
Chris Cremean
10:00 – 11:00 am, Wednesday, June 17

Everyone’s situation is unique, but this class will help you to structure your financial and legal documents to best fit your needs. Learn how your financial situation determines what services are available to you and the eligibility requirements for Medicare, Medicaid, and veterans’ benefits. Understand how advanced directives ensure that decisions can be made for you that are in your best interests. Avoid overwhelming emergency troubles by planning ahead.

Planning Ahead: Medical Care & Benefits
Chris Cremean
10:00 – 11:00 am, Wednesday, June 24

As medical needs arise, the course of action to address those needs is largely determined by your medical team, health insurance coverage, and in which setting the care can be delivered. This class will help you to better understand your benefits and options, including skilled/intermediate/home care, Medicare Advantage, Medicare Supplement, and managed care (HMO/PPO).

Healthy Living
Chris Cremean
10:00 – 11:00 am, Wednesday, July 1

It is important to have good healthy habits so you can function at your highest level. We will discuss how to choice options in the areas of physical, mental, emotional and spiritual health that will enable you to be your best and ready to take care of others.

Kurt Weill: From Berlin to Broadway
Dr. Christopher Williams
3:30 – 5:00 pm, Monday, June 8 – 22 (3 weeks)

No composer embodies the contradictions in 20th century musical culture so well as Kurt Weill (1900-1950). Trained in the classical tradition, writing works for the concert hall, he rose to fame in the 1920s as a leading light in the Berlin cabaret and musical theater scene. His troubled collaboration with Marxist writer Bertholt Brecht yielded The Threepenny Opera, one of the most frequently performed of all music theater works, and the opera Rise and Fall of the City of Mahagonny. With the rise of the Nazis, Weill escaped to the United States, where he quickly became an indispensable figure on Broadway, working with writers like Maxwell Anderson, Langston Hughes, Ogden Nash, and Ira Gershwin. Though lacking the household name of some of his contemporaries, he produced a string of highly individual masterworks, which blended the social activism of his Berlin years with relentless experimentation and invention: Knickerbocker Holiday, Street Scene, Lady in the Dark, One Touch of Venus, and Lost in the Stars.

Dr. Christopher Williams holds a PhD in Music History and Literature from the
University of California at Berkeley, and has taught at the University of Toledo, Bowling Green State University, the Universität Salzburg, and in the joint program of the Cleveland Institute of Music and Case Western Reserve University. He is considered an expert on the music of Fin-de-siècle Vienna.

Zoonotic Diseases – historic and current examples of diseases transmitted from animals to humans
Marya Czech
10:30 – 11:30 am, Tuesday, June 16

The organisms responsible for Lyme Disease, sleeping sickness, and Ebola live harmlessly in deer, antelopes, and other "reservoir" animals. Why do they cause serious disease in humans? How COVID-19 moved from animal to human populations is yet to be determined, but bats or pangolins are suspected.

Scientists are now engaged in intensive study to explain why infections acquired from animals are so dangerous to human health.

Afternoon Tea Sampler
Kristin Baldeschwiler
4:00 – 6:00 pm, Wednesdays
June 17 – July 22 (6 weeks)

Kristin has taught a range of classes for Lifelong Learning over the last 15 years. Join her on Wednesday afternoons for a sampler of favorite course topics from previous years. Topics will include Lourdes University Art & Architecture, Art Nouveau, the Cathedrals of England, Iconography of the Saints, Chinese Art, the Castles of Germany.

Kristin Baldeschwiler, a 2003 graduate of Lourdes, received her BA in Art History, works in medical education, and currently serves as the Historian for the Toledo Federation of Arts Societies.

Ancient Egypt: How the Mummies Came to Toledo
Mike Deetsch
10:00 - 11:00 am, Friday, June 19

In 1906 the founders of the Toledo Museum of Art, Edward Drummond Libbey and Florence Scott Libbey, visited Egypt, where they purchased a pair of Egyptian mummies as part of a collection of artifacts. Along with the two human mummies, the TMA also has one cat mummy. Learn about the TMA’s collection, how it came to Toledo, and why the mummies are an important part of our past and present.

Speaker Mike Deetsch is the Emma Leah Bippus Director of Education and Engagement at TMA and oversees the docent program, art classes, and museum curriculum. He joined the Toledo Museum of Art staff in 2013 as assistant director of education. Deetsch received his M.S. in Art Education from the Pratt Institute and a B.A. in Art History from Hanover College.

Forgotten Visitors to Northwest Ohio: Mark Twain 1869
Tedd Long
11:00 – noon, Tuesday, June 23

It’s been said that the tour of 1868-1869 was the most significant in Mark Twain's entire career as a public lecturer. While it wasn’t Twain’s first tour, it was his first widespread one, lasting an entire lecture season and covering a large swath of the United States. It was also his first under the management of a lecture bureau and it opened the door for him to earn a profitable living through storytelling. Although Twain’s 1869 visit to Toledo was well received, it came with some reservation and
nervousness on the part of the great American storyteller. Join us to learn why.

Tedd Long is a local writer, photographer, and history consultant who has been studying Maumee Valley history for over 30 years. Join him for this 1-hour lecture to explore the back story to this forgotten visit to Northwest Ohio.

**The Future of Work**
Hugh Grefe
1:30 – 2:30 pm, Tuesday, June 23
1:30 – 3:00 pm, Tuesday, June 30

Topics such as workplace conditions, income, technology, and globalization are important to workers everywhere. The first meeting of this class will be a structured discussion about jobs and how they are changing. Before the second class, watch the 2020 Oscar-winning documentary film *American Factory* on your own. The movie will be the platform for discussion in the second meeting.

The film *American Factory* documents the revitalization of one long-shuttered factory in Dayton, Ohio while providing a startling glimpse into an economic overhaul playing out in towns and cities across the country — and the world. The film does not promote an ideology or political agenda, but instead tells a powerful, personal story about how globalization and the loss of industrial jobs affects workers, communities, and the future of work.

*American Factory* is available on Netflix. If you do not have a Netflix subscription, a free trial is available. To promote discussion, this class is limited to the first 12 people who register via email to lifelong@lourdes.edu

Facilitator Hugh Grefe earned a Master of Arts in History at the University of Toledo and has served in a variety of senior staff and board roles in the greater Toledo community. In 2002 he was awarded a Fannie Mae Foundation Fellowship for the Program for Senior Executives in State and Local Government at the John F. Kennedy School of Government, Harvard University.

**Women Who Paved the Way: Exploring Women Homesteaders and Suffragists**
Speaker from the Homestead National Monument of America
11:00 – noon, Friday, June 26

The Homestead Act of 1862 was gender-blind, thereby allowing women to claim 160 acres of land just like men could. As women homesteaders were helping to homestead the west, suffragists fought to secure the right to vote for women across the United States. The Homestead Era and Women's Suffrage movement were intertwined and left a tremendous impact on history. In this lesson students and a park ranger will explore how women homesteaders and suffragists broke down gender barriers and paved the way for modern women.

With the promise of Free Land, the Homestead Act of 1862 enticed millions to cultivate the frontier. Families, immigrants, women, and formerly enslaved people flooded 10 percent of the nation’s land to chase their American Dream. American Indian cultures and natural environments gave way to diverse settlement, agricultural success, and industrial advancement—building our nation and changing the land forever. Homestead National Monument of America, a unit of the National Park System, interprets the Homestead Act of 1862 and tells the stories of the homesteading era.
The Worst Epidemics and Pandemics in History
Marya Czech
10:30 – 11:30 am, Tuesday, June 30

An international medical report from 2012, indicated that a total of 56 contagious diseases were responsible for 2.5 billion cases of illness and 2.7 million deaths across the globe each year. These illnesses included rabies, toxoplasmosis, Q fever, Dengue fever, avian influenza, Ebola, and anthrax. How does our current COVID-19 outbreak compare to other pandemics recorded in human history?

America's Signs & Symbols
Speaker from the Smithsonian American Art Museum
1:00 – 2:00 pm, Wednesday, July 1
10:00 – 11:00 am, Thursday, July 2

Please note: The identical presentation will be given twice, once on 7/1 and once on 7/2, so that the group will not be too large for questions and discussion. Please attend only once so we can accommodate as many people as possible.

Artists use familiar icons such as the Statue of Liberty, the bald eagle, and the American flag to communicate their ideas about American culture and encourage examination of our society. Through an active discussion of works depicting America’s signs and symbols, this presentation will address several interconnected topics: the differences between signs and symbols; the historical context and symbolic meanings of American icons; the role of symbols in the expression of national identity, personal ideas, and social commentary; and interpretation of artworks depicting our nation’s signs and symbols.

The Smithsonian American Art Museum, the nation’s first collection of American art, is dedicated to collecting, understanding, and enjoying American art.

The Museum celebrates the extraordinary creativity of artists whose works reflect the American experience and global connections.

Summer Shakespeare, at Home!
Dr. Susan Shelangoskie
11:00 – noon, Mondays and Wednesdays, July 6-22 (meets twice over 3 weeks)

Since the 1570s, summertime has meant audiences have gathered together to watch Shakespeare's plays performed, from the original Globe theatre, to a park near you. This summer, we can only gather virtually, but it is still possible to watch and appreciate the value of performance and adaptation of Shakespeare's works. In this class, we will discuss Shakespeare’s original works and watch innovative adaptations of 3 Shakespeare plays to start lively discussions about what adaptation means and why it is culturally important. The plays/films we will work with are Richard III (film: 1995 adaptation directed by Richard Loncraine), Macbeth (film: Scotland PA), and Much Ado about Nothing (film: 2012 adaptation directed by Joss Whedon). No previous experience with these plays or reading Shakespeare required—just bring your curious mind, willingness to participate, and popcorn!

Dr. Susan Shelangoskie is a Professor of English at Lourdes University. She teaches courses in British and world literature, and specializes in Victorian literature, technology, and culture. Her scholarly work has appeared in journals such as the Journal of Victorian Culture and Nineteenth-Century Contexts.

Beethoven at 250: Beneath the Surface
Dr. Christopher Williams
3:30 – 5:00 pm, Monday, July 6 – 20 (3 weeks)

2020 marks the 250th anniversary of the birth of Ludwig van Beethoven. Around
the world, celebrations, retrospectives, complete cycles of the symphonies, piano sonatas, string quartets, and special productions of the opera *Fidelio* have been planned, though obviously the worldwide pandemic has forced postponement and put many of these events at risk. Rather than rehash the most famous of Beethoven’s works, the aim of this class is to spend three meetings exploring important, landmark compositions that may be less familiar to the casual listener. Among the pieces to be discussed are his *Fourth Symphony*, his song cycle “*To the Distant Beloved*,” the “*Archduke*” piano trio, the “*Hammerklavier*” piano sonata, his last string quartet (op.135), *Fidelio*, and the *Missa Solemnis*.

How do History and Culture Affect Perceptions of Disease?
Marya Czech
10:30 – 11:30 am, Tuesday, July 7

Cultural factors can make disease prevention and treatment challenging for the medical community. Disease can be perceived as punishment, imbalance in self or community, may lead to ostracism, as in the case of leprosy and HIV-AIDS. There are cultures in which eliminating disease results in eliminating the individuals who have that disease. The presentation will provide historic and current examples of diverse approaches to disease conditions.

Narratives & Tutelage from the First Peoples
Barbara Mauter
10:00 – noon, Thursday, July 9

Explore some of the Native American lessons one might apply to our present day. Plan to join Barbara Mauter in this insightful workshop, where she will share selected readings from her collection of Native American literature, along with a few of her own experiences.

Barbara Mauter is an adjunct instructor with over 20 years’ experience teaching college. She has taught and presented various workshops for UT, BGSU, Monroe County Community College, and Lifelong Learning at Lourdes University. She is known for her critical thinking class activities. Barbara’s interests center around how our minds work, reading, thinking, and Native American culture and history.

The History of Slavery at Monticello
Speaker from Thomas Jefferson’s Monticello
3:00 – 4:00 pm, Thursday, July 30

The year 2019 marks the 400th anniversary of the arrival of the first Africans kidnapped and brought to the United States to be sold into slavery. Slavery has been a part of the United States of America since its inception, and many founding fathers, including Thomas Jefferson, were slave-owners.

This virtual field trip uses Monticello as a lens through which to examine these questions: How could the author of the Declaration of Independence own slaves? How could twenty percent of the population of the new United States, founded on the principles of liberty and equality, live in bondage? What was life like for enslaved people in the early republic? Learn about the enslaved men, women, and children who lived at Monticello, and the impact that slavery had on the early American republic and beyond.

Monticello, Thomas Jefferson’s plantation near Charlottesville, Virginia, was the center of his world. Monticello encompassed a house, an ornamental landscape, a farm, a plantation, a small mountain, and a large and diverse community. Monticello is a National Historic Landmark and the only house in the United
States designated a UNESCO World Heritage site.

The Thomas Jefferson Foundation, a private nonprofit corporation, purchased Monticello and has instituted numerous research and educational programs as well as major restoration and renovation projects.

**Remembering the “Greatest Generation”**

Dr. Steve Bare  
1:00 – 2:30 pm, Wednesday, August 5

Memorializing the 'Greatest Generation,' that is the generation that fought WWII, at home, and on global battlefields, began in earnest in the U.S. in the mid-1990s. This course addresses some of the ways in which the Greatest Generation has been memorialized through built environment pieces - monuments, memorials, and cemeteries - as well as cultural production such as cinema, TV shows, books, and other items. The course concludes with a vigorous debate on whether American society has gone too far, or not far enough, in remembering this pivotal generation.

Dr. Steve Bare is an Instructor at Defiance College. Dr. Bare’s research and teaching specializations focus on how Americans craft historical memory of conflicts from the Civil War through WWII. He has Masters degrees in both applied history and education, as well as a doctorate in history.

**Questions?** First, check page 1 to see if your answer is there. Second, please email your question to: lifelong@lourdes.edu